

AVA SEIDENSTEIN

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Rockville Centre, NY 11570

(516) 459-6305

EDUCATION

The University of Scranton, Kania School of Management
Bachelor of Science in Business

Scranton, PA
Anticipated Graduation May 2028

- Overall GPA: 3.64/4.00
- Loyola Scholarship given for academic achievement
- Dean's List: 1 semester

Sacred Heart Academy High School
Diploma

Hempstead, NY
June 2024

- Overall GPA: 3.95/4.00

WORK EXPERIENCE

Sportime Volleyball
Assistant Volleyball Coach

Bethpage, NY
May 2025-Present

- Assist the head coach in conducting weekly practices focused on skill development, technique and team strategy
- Provided individual coaching and feedback to players to improve technique and game IQ
- Lead drills and training sessions
- Support player development by providing feedback and positive encouragement

Recreational Center Summer Camp
Camp Counselor

Rockville Centre, NY
June 2024-August 2025

- Supervised and ensured the safety of campers from ages 6-11 in daily camp activities
- Facilitated a plethora of engaging activities such as sports, arts and crafts, card and board games
- Promoted positive behavior and inclusion amongst the campers, fostering a fun environment

The Art Studio
Assistant Teacher

Rockville Centre, NY
November 2022- June 2024

- Assisted the head teacher in planning and delivering age-appropriate art lessons
- Guided students in using various art materials such as paint, clay, pastels, and mixed media safely and efficiently
- Provided one-on-one support and feedback to students struggling with techniques or following instructions

VOLUNTEER EXPERIENCE

MLK Center
Food Drive Organizer

Rockville Centre, NY
September 2021-Present

- Organize numerous food drives for a food pantry that is open to the people in my community who are unable to afford their own food

LEADERSHIP EXPERIENCE

Sacred Heart Academy Volleyball Team
Captain

Hempstead, NY
September 2023-November 2024

- Served as liaison between team members and coaches
- Encouraged the team to work hard and achieve ultimate goals
- Most Valuable Player (2023)
- All League Player (2023, 2024)
- Offensive Player of the Year (2024)

ADDITIONAL INFORMATION

Activities: Scranton Women's Volleyball

Skills: Microsoft Office (Word, Excel), Social Media Platforms (X, TikTok, Instagram), Canva

Interests: Art, Cooking