

Joseph Lyder
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I am currently a freshman at the University of Scranton. I am a fast learner and have found success both in the team setting as well as an independent learner. As a former student athlete I am always willing to accept direction that will allow me to grow.

Shepaug Region-12 High School, Washington, CT:

- Varsity Swim and Dive Team 2021- 2023
- Varsity Cross Country Team 2021-2022
- Junior Varsity Baseball 2024
- Varsity Letter Honors; Swim and Dive Team, Cross Country Team
- Graduated June 14th 2025

Work/Volunteer Experience:

Town of Washington Lifeguard 2022-present

- American Red Cross Certified in Lifeguarding and CPR.
- Ensure the safety of all swimmers.
- Enforce safety rules to all guests at Lake Waramaug Beach.
- Responsible for daily setup and clean up of Lifeguard Station.

Duane Davis Foundation

- Through the All Rise Foundation with Aaron Judge and Anthony Rizzo, I spent time with 5-6 year old youths sharing my experience with baseball, and teaching them proper techniques to have a catch.

Daughters of the American Revolution

- Participated in making bags for the Women's Shelter of Danbury, CT
- Wreaths Across America and Spring clean up of Veteran Gravesites, Danbury, CT

American Cancer Society

- Attended fundraising events to spread awareness and raise money.